



WILDE KITCHEN WHOLESALE CATALOGUE

Providing clean, healthy food options for our community.

ABOUT WILDE KITCHEN

WILDE KITCHEN channels our passion for food into fuelling the body for an active lifestyle. All of our food is prepared with premium, natural and unprocessed ingredients and is sourced from local suppliers including free range organic eggs and poultry and grass fed meat.

Our real food philosophy sees our kitchen preparing our entire offering from scratch including sauces, dressings and condiments making our food free from any additives, preservatives, refined oils and sugars.



WHAT WE DO FOR YOU

Our team lives a whole food lifestyle, and we are passionate about sharing our knowledge and educating the wider community on health and well-being.

We've developed a range of clean, healthy food items that can be easily integrated into your kiosk or café to give your customers more options and increase your sales.

Our seasonal offering can be delivered to your business on a regular basis with a number of support tools to assist your staff and customers.

FOOD SUPPLY OPTIONS

Our extensive range of food supply includes the following:

BREAKFAST

A range of clean breakfast options such as muesli & granola to help your customers start their day right.

SALADS

Seasonal salads that cater for all taste buds and dietary requirements with gluten-free and vegetarian options available all year round.

WARM ITEMS

Heat and serve items that accompany salads to create clean, satisfying meals.

CLEAN SWEETS

Treat your customers to our hand made dairy free, gluten free and refined sugar free sweets range.

BROTHS & SOUPS

A hearty range of house made bone broths and seasonal soups for the cooler months.

FRESH PREPARED MEALS

Ready to eat, pre-packaged meals to fit into your customer's busy lifestyles.

SUPPLY & TRADING TERMS

CONDITIONS OF SUPPLY

Minimum order quantities apply to all food supply options. Please refer to pricing and ordering sheets for minimum order quantities. All products are supplied in reusable containers or disposable packaging and have been priced accordingly. If you require pre packaged products for a retail “Grab and Go” option we can provide a separate quotation for this service.

DELIVERY DAYS

Delivery days are subject to your area and will be discussed upon application. All deliveries will be completed by 11am on your delivery day and staff must be present to accept delivery.

ORDERING

All orders must be received by 8am the day prior to your delivery. We may not be able supply any orders received after the cut off time.

PRICING

Please refer to our price list for wholesale price and RRP. All RRP have been structured to make a significant GP% margin for your business. All pricing supplied will be inclusive of GST. Prices are subject to change and any price changes will be communicated in writing 7 days before they become effective.

TRADING TERMS

We will provide a delivery form for signature upon receipt of goods. All daily deliveries will be compiled on the Friday for each week and invoiced to you via email. Payment terms are strictly 7 days and orders will be suspended in the event your account is out of terms.

WHOLESALE PRICE LIST

PRODUCT LIST	MIN ORDER	WS PRICE	RRP
BREAKFAST			
PALEO HERO PRIMAL MUESLI BULK	5KG	\$130.00	\$9.50
PALEO HERO CHOC GRANOLA BULK	5KG	\$130.00	\$9.50
NUTTY BUCKS ASSORTED FLAVOURS	5KG	\$77.00	\$7.50
SEASONAL SALADS (300G RETAIL SERVING SIZE)			
BACON & BROCCOLI SALAD	2KG	\$17.95/kg	\$12.95
HONEY MUSTARD CHICKEN SALAD	2KG	\$19.50/kg	\$12.95
MOROCCAN CAULIFLOWER SALAD	2KG	\$17.95/kg	\$12.95
ROASTED VEGETABLE SALAD	2KG	\$16.95/kg	\$12.95
WARM MEAL ITEMS			
COCONUT CHICKEN CURRY	2KG	\$29.50/kg	\$11.00
PALEO BEEF LASAGNE SLICES	4 EA	\$5.50	\$10.95
ROAST VEGE & HALOUMI FRITTATA	4 EA	\$5.00	\$9.95
SWEET TREATS			
COCONUT CACAO PROTEIN BALLS	10	\$2.80ea	\$4.50
PALEO CHOCOLATE BROWNIES	5	\$4.00ea	\$6.50
GRANOLA BARS	5	\$4.00ea	\$6.50
CHOC FUDGE COOKIES	5	\$4.00ea	\$6.50
RAW CARAMEL SLICE	5	\$4.25ea	\$6.75
KETO CUPS	5	\$3.80ea	\$6.25
WHITE CHOC MACADAMIA COOKIES	5	\$4.00ea	\$6.50
RAW CHERRY RIPE SLICE	5	\$4.00ea	\$6.50

WHOLESALE PRICE LIST

PRODUCT LIST	MIN ORDER	WS PRICE	RRP
BROTHS & SOUPS (300ML RETAIL SERVING SIZE)			
ORIGINAL BONE BROTH	2L	\$9.95/L	\$5.95
CHICKEN BONE BROTH	2L	\$9.95/L	\$5.95
SPICED PUMPKIN SOUP	2L	\$9.95/L	\$5.95
TURMERIC & CAULIFLOWER SOUP	2L	\$9.95/L	\$5.95
SUPERGREENS SOUP	2L	\$9.95/L	\$5.95
FRESH PREPARED MEALS 350G			
SPICED BEEF MINCE	3	\$9.50ea	TBC
GRILLED CHICKEN & SWEET POTATO	3	\$9.50ea	TBC
CLEAN FRIED CHICKEN	3	\$10.50ea	TBC
NOURISHING GREENS BOWL (V)	3	\$8.50ea	TBC
PALEO BEEF LASAGNE	3	\$10.50ea	TBC
ROOT VEGETABLE CURRY (V)	3	\$8.50ea	TBC
TERIYAKI CHICKEN BOWL	3	\$10.50ea	TBC
GRILLED CHICKEN & WILD RICE	3	\$9.50ea	TBC

SPEAK TO US ABOUT BECOMING A NOURISH MEALS BY WILDE KITCHEN COLLECTION POINT AND GET MORE CUSTOMERS VISITING YOUR BUSINESS.

BREAKFAST INGREDIENT LIST

PALEO HERO PRIMAL MUESLI (GF) (DF) (V)

sunflower seeds, pepitas, cashew nuts, slivered almonds, macadamia nuts, honey, coconut flakes, dried cranberries, coconut oil, shredded coconut, sesame seeds, coconut flour, cinnamon.

Contains: Tree Nuts, Sesame Seeds.

PALEO HERO CHOC GRANOLA (GF) (DF) (V)

slivered almonds, walnuts, honey, cacao powder, shredded coconut sunflower seeds, pepitas, coconut oil, sesame seeds, coconut flour, vanilla powder, pink salt.

Contains: Tree Nuts, Sesame Seeds.

NUTTY BUCKS APPLE & APRICOT (GF) (DF) (VEGAN)

buckwheat kernels, sunflower seeds, rice malt syrup, pepitas, sesame seeds, coconut oil, cashews, coconut flour, flaked almonds, dried apple, cinnamon, slivered almonds, shredded coconut, arrowroot flour, coconut chips, dried apricots, macadamias.

Contains: Tree Nuts, Sesame Seeds

NUTTY BUCKS PINEAPPLE, BANANA & MANGO (GF) (DF) (VEGAN)

buckwheat kernels, sunflower seeds, rice malt syrup, pepitas, sesame seeds, coconut oil, cashews, coconut flour, flaked almonds, dried pineapple, dried mango, banana chips, cinnamon, slivered almonds, shredded coconut, arrowroot flour, coconut chips, macadamias.

Contains: Tree Nuts, Sesame Seeds

NUTTY BUCKS SPICED FIG & DATE (DF) (VEGAN)

buckwheat kernels, sunflower seeds, rice malt syrup, pepitas, sesame seeds, coconut oil, cashews, coconut flour, flaked almonds, dried dates, dried figs, mixed spice, slivered almonds, shredded coconut, arrowroot flour, coconut chips, macadamias.

Contains: Tree Nuts, Sesame Seeds

SALADS INGREDIENT LIST

BROCCOLI & BACON SALAD (GF) (DF) (P)

broccoli, bacon, red onion, pepitas, seeded mustard mayo (eggs, apple cider vinegar, dijon mustard, olive oil, pink salt, seeded mustard), mixed leaves.

Contains: Eggs

HONEY MUSTARD CHICKEN SALAD (GF) (DF)

poached chicken, bacon, green beans, almonds, brown rice, honey mustard dressing (honey, dijon mustard, apple cider vinegar, pink salt, olive oil).

Contains: Tree Nuts.

MOROCCAN CAULIFLOWER SALAD (V) (VEGAN) (GF) (DF) (P)

cauliflower, caramelised onions, cranberries, natural almonds, parsley, smoky tahini dressing (tahini, lemon, paprika, cumin, garlic, salt, pepper), rocket leaves.

Contains: Tree Nuts, Sesame Seeds.

ROAST VEGTABLE SALAD (V) (VEGAN) (GF) (DF) (P)

sweet potato, parsnip, pumpkin, carrot, pesto (basil, spinach, garlic, almonds, olive oil), spinach leaves.

Contains: Tree Nuts

WARM ITEMS INGREDIENT LIST

COCONUT CHICKEN CURRY (GF) (DF)

chicken curry (chicken thigh (40%), coconut cream, tomatoes, red onion, coriander, brown onion, cumin, turmeric, smoked paprika, tomato paste, pink salt, cayenne pepper, star anise, cinnamon.

PALEO BEEF LASAGNE (GF) (DF)

beef mince, tomato, cumin, coriander, paprika, onion, thyme, garlic, tomato paste, salt, pepper, parsnip, coconut yoghurt, coconut cream, coconut oil, coconut flour, arrowroot flour, eggs, olive oil.

Contains: Eggs.

ROAST VEGETABLE & HALOUMI FRITTATA (GF) (V)

eggs, coconut milk, pumpkin, haloumi, tomato, onion, mushrooms, silverbeet, garlic, oregano, parsley, slivered almonds, cashew cheese, super seed mix.

Contains: Eggs, Tree Nuts, Sesame Seeds

SWEET TREATS INGREDIENT LIST

COCONUT CACAO PROTEIN BALLS *(CONTAINS WHEY) (GF) (DF) (V)

dates, cacao, cacao nibs, chia seeds, cinnamon, protein powder*, shredded coconut.

Contains: Whey Protein.

PALEO CHOCOLATE BROWNIES (GF) (DF) (V)

70% dark chocolate, coconut cream, cacao, coconut oil, arrowroot flour, coconut flour, bi carb, maple syrup, olive oil, eggs, pumpkin.

Contains: Eggs.

GRANOLA BARS (GF) (DF)

paleo hero primal muesli (sunflower seeds, pepitas, macadamias, almonds, cashews, sesame seeds, coconut flour, coconut oil, honey, cranberries, coconut, cinnamon), honey, almond butter, coconut oil, gelatin.

Contains: Tree Nuts, Sesame Seeds.

CHOC FUDGE COOKIES (GF) (DF) (V)

coconut sugar, eggs, 72% dark chocolate, almond meal, bi carb, cream of tartar.

Contains: Eggs, Tree Nuts.

RAW CARAMEL SLICE (GF) (DF) (VEGAN)

dates, cacao, almond meal, shredded coconut, cacao, coconut oil, almonds, vanilla, coconut cream, 72% dark chocolate.

Contains: Eggs, Tree Nuts.

SWEET TREATS INGREDIENT LIST

KETO CUPS (GF) (DF) (VEGAN)

72% dark chocolate, coconut oil, XCT oil, almond butter.

Contains: Tree Nuts.

WHITE CHOC MACADAMIA COOKIES (GF) (V)

coconut sugar, eggs, macadamia & pecan butter, almond meal, bi carb, cranberries, white chocolate, macadamias, cream of tartar.

Contains: Eggs, Tree Nuts, Traces of Dairy.

RAW CHERRY RIPE SLICE (GF) (DF) (VEGAN)

dates, cacao, almond meal, shredded coconut, cacao, coconut oil, cranberries, vanilla, coconut cream, 72% dark chocolate.

Contains: Tree Nuts.

BROTHS & SOUPS INGREDIENT LIST

BONE BROTH (GF) (DF)

beef bones, pig trotters, onion, carrot, celery, parsley, thyme, bay leaf, water.

CHICKEN & LEMONGRASS BROTH (GF) (DF)

chicken bones, onion, carrots, celery, ginger, lemongrass, star anise, black pepper, water.

SPICED PUMPKIN SOUP (GF) (DF) (VEGAN)

pumpkin, vegetable stock, coconut cream, cumin, cayenne pepper, salt, pepper.

TURMERIC CAULIFLOWER SOUP (GF) (DF) (VEGAN)

cauliflower, onion, garlic, vegetable stock, turmeric, cumin, coconut cream, salt, pepper.

SUPERGREENS SOUP (GF) (DF) (VEGAN)

broccoli, zucchini, spinach, onion, garlic, vegetable stock, coconut cream, salt, pepper.

SHELF LIFE PRODUCT GUIDE

BREAKFAST ITEMS

ALL ITEMS (WHEN CONDIMENTS ADDED)

1-2 DAYS

SEASONAL SALADS

ALL SALADS

2-3 DAYS

WARM ITEMS

COCONUT CHICKEN CURRY

3-4 DAYS

PALEO BEEF LASAGNE SLICES

2-3 DAYS

ROAST VEGE & HALOUMI FRITTATA

2-3 DAYS

BROTHS & SOUPS

BROTHS (FRESH)

1-2 DAYS

BROTHS (FROZEN)

2 MONTHS

SOUPS

3-4 DAYS

SWEET TREATS

ALL TREATS

5-6 DAYS

PREPARED MEALS

ALL MEALS

BEST BEFORE DATE ON BOX

WHOLESALE ACCOUNT APPLICATION

COMPANY INFORMATION

COMPANY NAME: _____

TRADING NAME / STORE NAME: _____

A.B.N: _____

POSTAL ADDRESS: _____

COMPANY DIRECTOR/S: _____

DELIVERY INFORMATION

DELIVERY ADDRESS: _____

DELIVERY CONTACT NAME: _____

DELIVERY CONTACT NUMBER: _____

ACCOUNTS INFORMATION

ACCOUNTS CONTACT NAME: _____

ACCOUNTS CONTACT NUMBER: _____

ACCOUNTS CONTACT EMAIL: _____

I/we confirm that I/we understand and agree to all the conditions of the supply and trading terms . I/we understand that credit terms are strictly 7 days and any outstanding payments will result in a stop supply until account is paid in full.

NAME: _____

SIGNATURE: _____

POSITION: _____ DATE: _____

CONTACT US

GET IN TOUCH TO SEE HOW WE CAN PROVIDE CLEAN HEALTHY FOOD SOLUTIONS FOR YOUR BUSINESS.

CONTACT MARK ROCKLEY

P | 0412 885 805

E | mark@wildekitchen.com.au



WILDE KITCHEN HEALTH CAFE
CNR FLORENCE & MACQUARIE STS TENERIFFE Q 4006
www.wildekitchen.com.au | www.nourishmeals.com.au
A.B.N. 57 162 691 330